







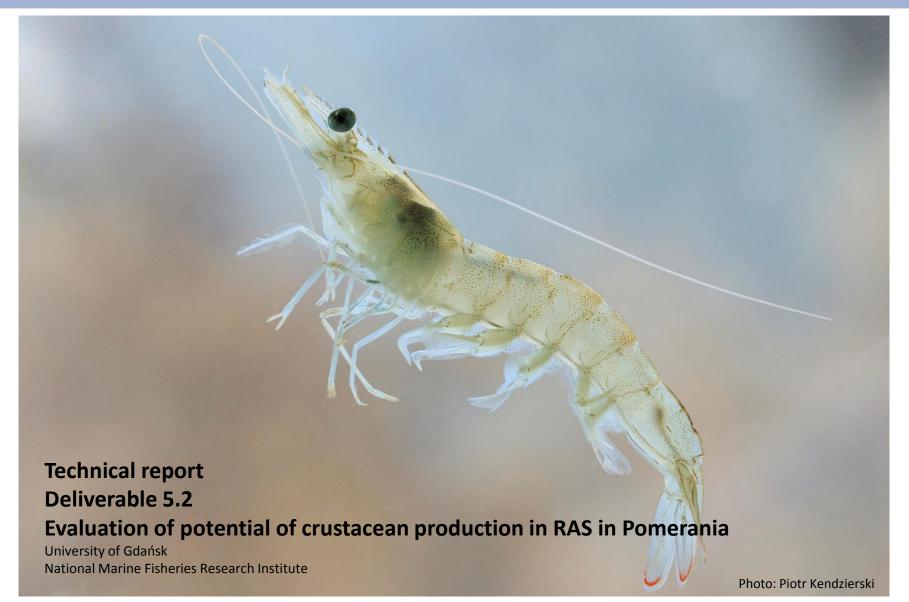
European Regional Development Fund

# Growth and nutritional value of *Litopenaeus vannamei* from the small-scale laboratory culture

Halina Kendzierska, Ph.D.

#### SHRIMP HEALTH & WELFARE





# THE SHRIMP WELFARE (HEALTH STATUS) ANALYSIS



#### The welfare indicators (selected):

- cortisol,
- mortality rate,
- growth rate,
- disease rate,
- feed conversion ratio (FCR),
- and swim speed\*





# SHRIMP WELFARE

PRIMARY AUTHOR: V. COX

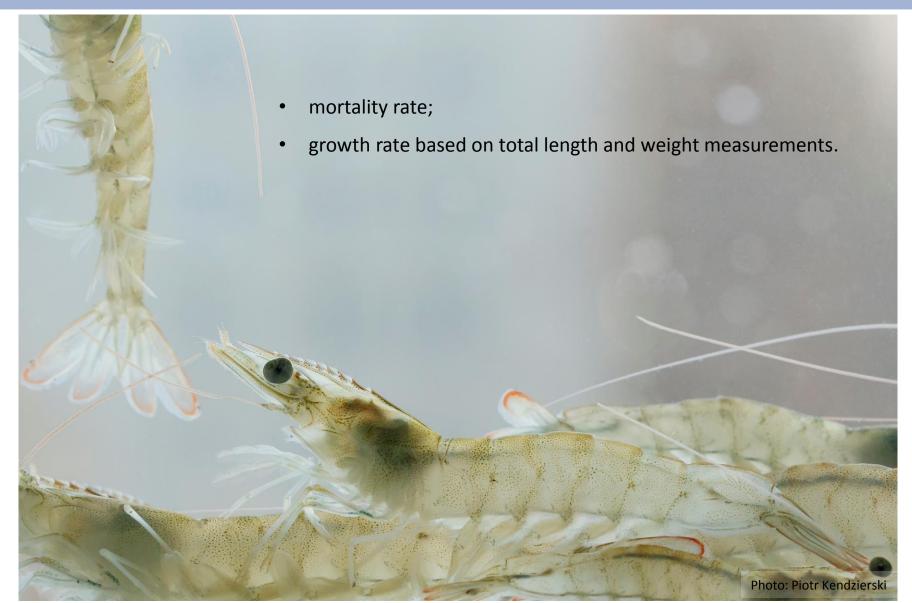
Review: K. Sarek, E. Hausen, M. St. Jules

**AUGUST 2020** 

RECOMMENDED

# THE FIRST EXPERIMENTAL SHRIMP FARM IN POLAND





# MORTALITY / SURVIVAL RATE

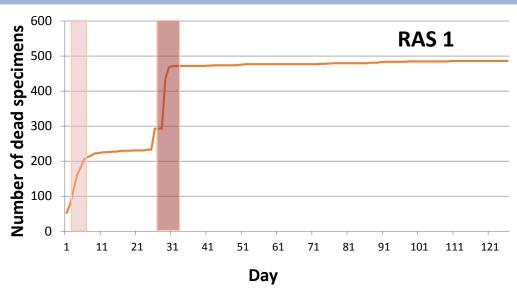


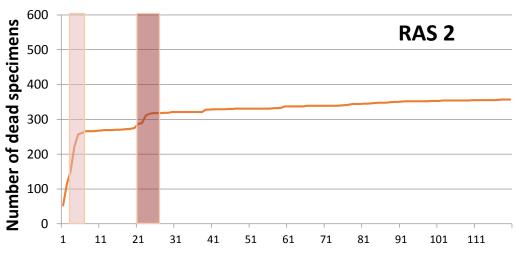
The mortality rate (%) was calculated as percentage proportion of animal number at the end of the experiment compared to the number of all individuals placed in the tank.

- Shrimp survival rates (SURV) are defined as the volume of shrimp harvested as a percentage of what is expected at the end of the cycle.
- In the world shrimp sector, the natural survival rate is approximately 45 percent.
- Pond management stocking density, seed quality, feed management, water quality management and sediment management.

### **RESULTS - MORTALITY OF SHRIMPS**







Day



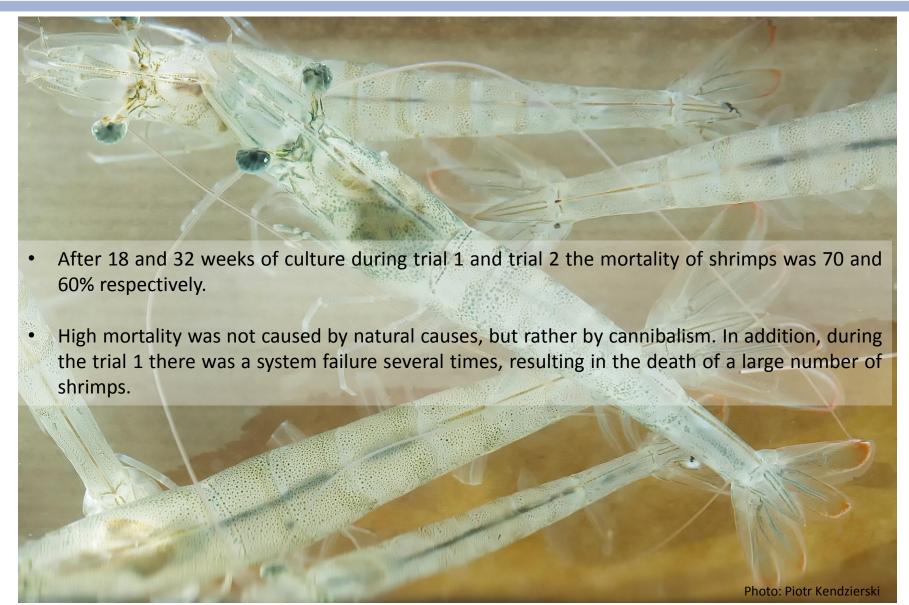
#### **END OF TRIAL 1:**

c.a. 250 individuals for analysis



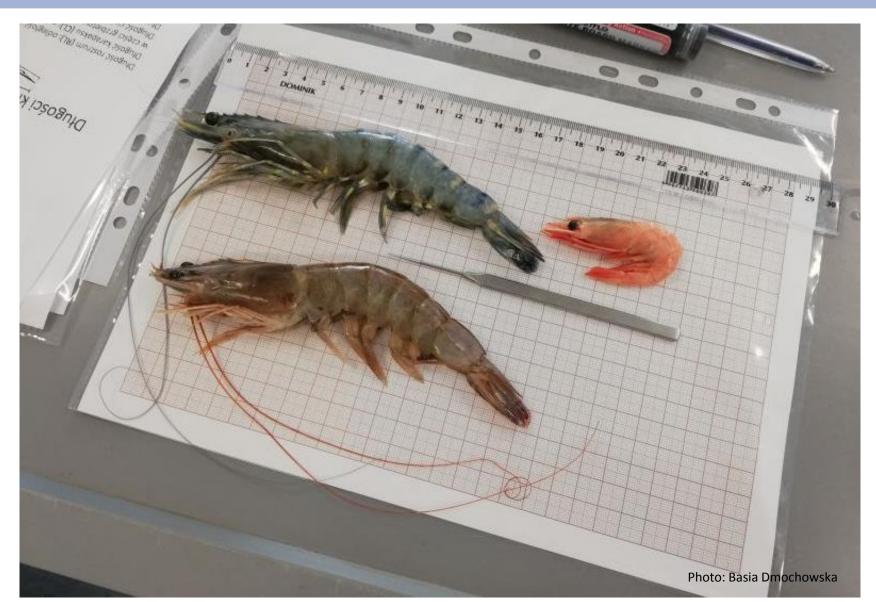
### **MORTALITY OF SHRIMPS**





# **GROWTH RATE AND WEIGHT GAIN OF SHRIMPS**





#### **GROWTH RATE AND WEIGHT GAIN OF SHRIMPS**

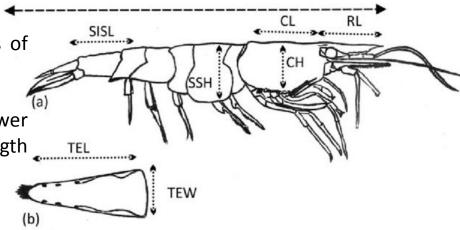


Length and fresh mass of shrimps should be determined during the cultivation (every 7 - 14 days) and at the end of experiment.

Randomly chosen shrimps should be measured (± 1 mm) from the rostrum to the end of telson.

After gently drying with paper towel the fresh mass of each shrimp should be determined ( $\pm\,0.001\,g$ ).

Length-fresh mass relationship according to the power function  $y = ax^b$ , where y is fresh mass and x is length should be determined.



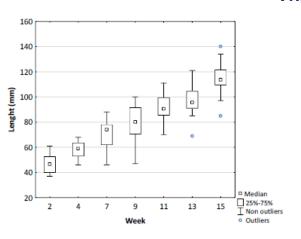
TL

telson. TL: total length, CL: carapace length, CH: carapace height, RL: rostral length, SSH: second pleon segment height, SISL: sixth pleon segment length, TEL: telson length and TEW: telson width.

### **RESULTS - GROWTH RATE AND WEIGHT GAIN OF SHRIMPS**



#### TRIAL 1



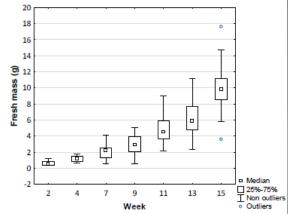
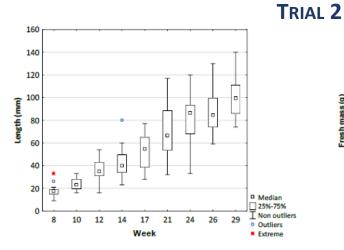
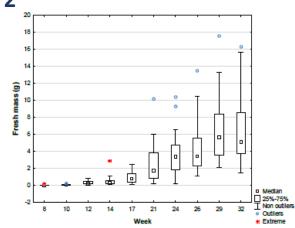




Photo: Patrycja Nowakowska



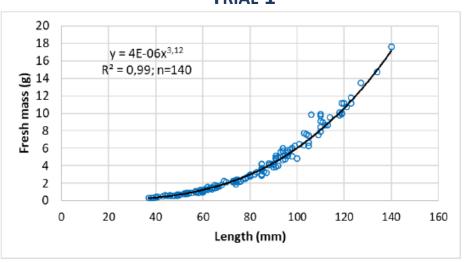




# **RESULTS - THE LENGTH-FRESH MASS RELATIONSHIPS**



#### TRIAL 1



#### TRIAL 2

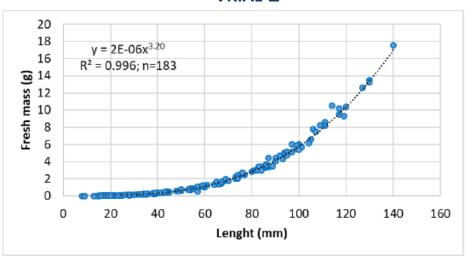


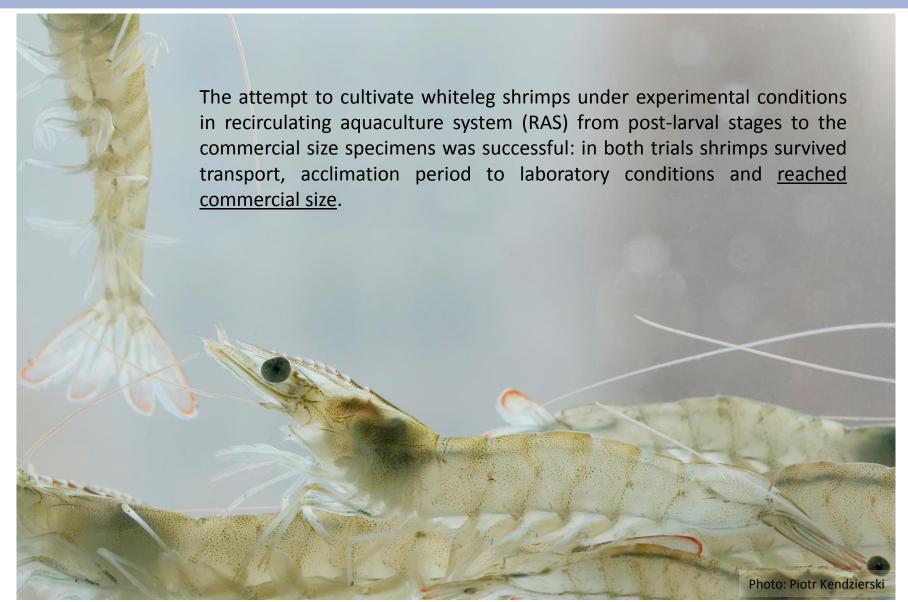


Photo: Halina Kendzierska



#### THE FIRST EXPERIMENTAL SHRIMP FARM IN POLAND





# Is Shrimp Healthy? Nutrition, Calories and More - Healthline



# Google

Which is healthier chicken or shrimp?

Why should you not eat shrimp?

Is it OK to eat shrimp every day?

Is shrimp good for weight loss?



#### **HEALTHY PINK GOLD**











https://www.klaaspuul.com



https://www.medicalnewstoday.com

- ✓ low calories;
- ✓ high protein;
- ✓ essential vitamins and minerals the group of vit. B, iodine, calcium, selenium, fluorine in smaller amounts, iron, magnesium and zinc;
- ✓ omega-3 fatty acids and the antioxidant astaxanthin.

#### IS SHRIMP HEALTHY?



Comparison of shrimp, egg and meat\* on their cholesterol, saturated fatty acids and atherogenic index

Non-vegetarian food	SFA@ (g/100 g)	Cholesterol* (mg/100 g)	Atherogenic index
Shrimp	0.25	173	0.36
Egg	4.0	400	0.40
Chicken	6.0	100	0.50
Mutton	7.0	65	1.00
Beef	8.0	70	0.70
Pork	13.0	90	0.67
Health significance	Lowest in shrimp; good for health	Moderate in shrimp; but not harmful due to low SFA	Lowest in shrimp; good for health

<sup>\*</sup>Dietary guidelines 24,25,30. @Higher saturated fatty acids consumption increases blood cholesterol.

<sup>\*</sup>Cholesterol consumption should not be more than 300 mg (USA) per day. \*Lower atherogenic index is good for a healthy heart.

#### **PINK GOLD**



#### Crustacean shell waste



www.fis.com

#### Product

#### Use

Calcium carbonate (20-50 %)

Pharmaceutical, agricultural, construction and paper industries – including pigments, filters, soil treatments, rubber and plastics.

Chitin (15-40 %)

Nitrogen-rich chemicals for pharmaceuticals, cosmetics, textiles, water treatment, household cleaners, soaps, carbon dioxide sequestration.

Protein (20-40 %)

Fertilizers and animal feeds.

#### **NUTRITIONAL VALUE**



#### Nutritional value analysis:

- percentage content of tail muscles tissue to the whole animal,
- muscle water content,
- organic matter and ash content,
- energetic value (content),
- vitamin and protein content,
- CHN content, etc.





#### WHAT DO THE NUMBERS ON SHRIMP MEAN?



The number indicate the range of shrimp per pound, e. g. 21/25 indicates there are between 21 and 25 shrimp per pound.

The larger the count, the smaller the shrimp!



#### WHAT DO THE NUMBERS MEAN ON SHRIMP?





# THE FIRST EXPERIMENTAL SHRIMP FARM IN POLAND





#### **N**UTRITIONAL VALUE AND CONTENT IN THE ABDOMINAL MUSCLE





The analyzed batch of shrimps from trial 1



#### **N**UTRITIONAL VALUE AND CONTENT IN THE ABDOMINAL MUSCLE



- Energy value (Q) with use of modified Phillipson KMB-2 type microbomb calorimeter;
- The organic matter content in abdominal muscle (Gnaiger and Bitterlich, 1984);
- Lipids were extracted with dichloromethane: methanol solution;
- Fatty acids were separated in a gas chromatograph (Agilent Technologies 6890N GC) using an RT-2560 capillary column (Restek, USA) and a flame ionization detector;
- Vitamins A and E were determined by fluorescence and vitamin D<sub>3</sub> with a UV detector.

Feed **TRIAL 1** Gemma Diamond 0.8-1.5 mm (Scretting, Norway), **TRIAL 2** CreveTec PL 1000 (Creve Tec, Belgium),



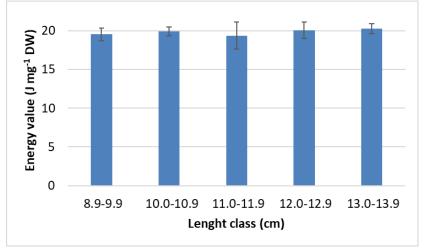


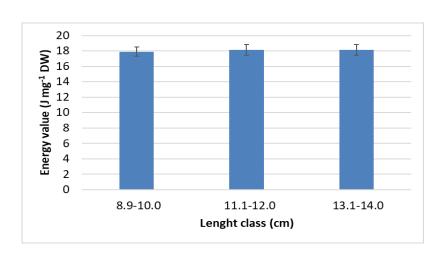
#### **RESULTS - ENERGY VALUE AND ORGANIC MATTER CONTENT**



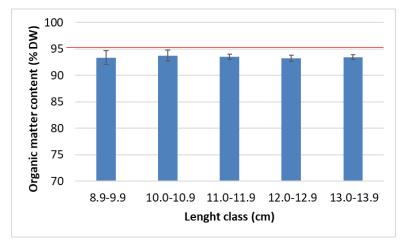
TRIAL 1 TRIAL 2

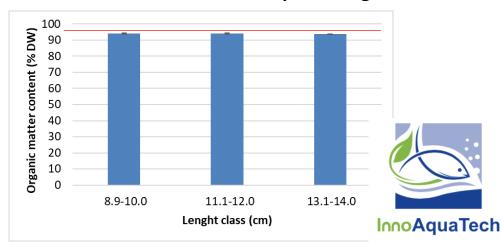
Mean (± SD) energy value of abdominal muscle of *L. vannamei*, in subsequent length classes





#### Mean (± SD) organic matter content in abdominal muscle of *L. vannamei*, in subsequent length classes

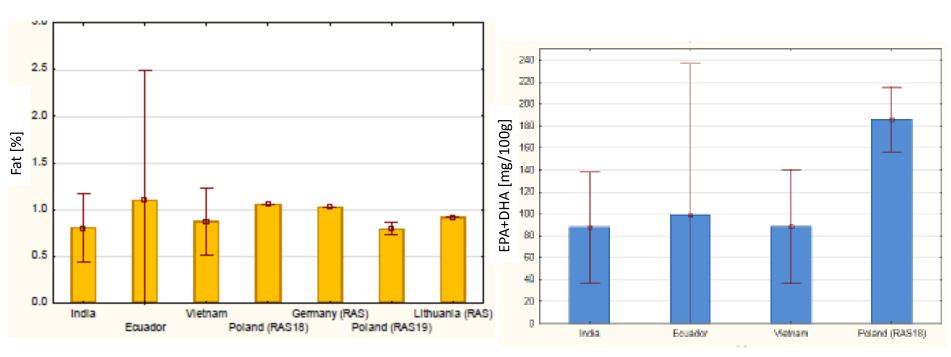




#### **FAT AND FATTY ACIDS CONTENT**



**Inno**AguaTech



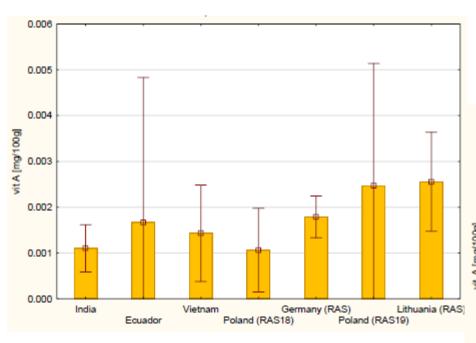
Fat content in *L. vannamei* collected from the Polish market and from RAS.

Fatty acids (DHA and EPA) concentration in *L. vannamei* collected from the Polish market and from RAS.

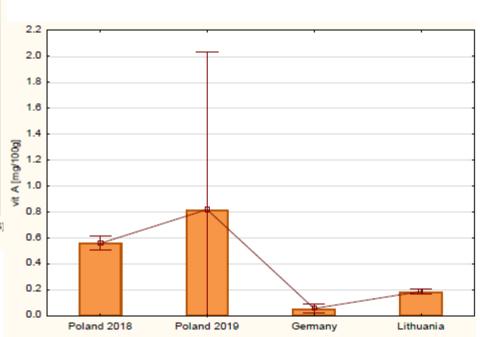
The daily requirement for EPA and DHA for prevention of heart diseases is 500 mg.

### LEVELS OF VITAMIN A IN L. VANNAMEI AND FROM FEED





Levels of vit. A in *L. vannamei* collected from the Polish market and from RAS.



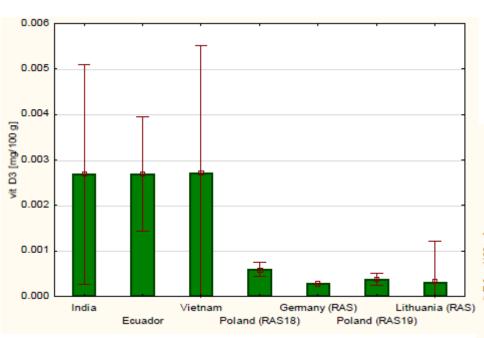
Levels of vit. A in feed for *L.* vannamei farmed in RAS system



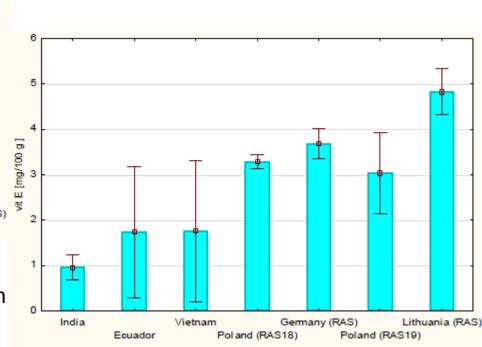
# LEVELS OF VITAMINS IN *L. VANNAMEI* COLLECTED FROM THE POLISH MARKET AND FROM RAS



**Inno**AquaTech



Levels of vit. D₃ in *L. vannamei* collected from the Polish market and from RAS.



Levels of vit. E in *L. vannamei* collected from the Polish market and from RAS.

# THE FIRST EXPERIMENTAL OF WHITELEG SHRIMP CULTIVATION W POR



- The organoleptic analysis showed that the shrimps from the experimental RAS culture achieved good quality indicators.
- The analysis of elemental composition showed that the shrimps from the recirculating aquaculture system were characterized by :
  - ✓ similar level of nutrients as the shrimp of the same species originated from Asia;
  - higher level of EPA and DHA than the shrimps available on the market, allowing the placement of a nutritional health claim on a product.



